

## UTAH WATER FLUORIDATION LEVELS

A half-dose daily fluoride supplement is indicated for residents of communities that have naturally occurring fluoride present in the water supply between 0.3 to 0.6 ppm (mg/L). No daily fluoride supplement is indicated for residents of communities which have optimum levels of adjusted or naturally occurring fluoride above 0.6 ppm (mg/L). A full daily fluoride dose supplement is indicated for all other Utah communities.

**Community water systems not listed below have fluoride levels less than 0.3 ppm and, therefore, require full fluoride supplementation.**

Fluoride levels between 0.3 and 0.6 ppm (mg/L)		Fluoride levels greater than 0.6 ppm (mg/L)	
<b>BEAVER COUNTY</b> Manderfield Culinary Minersville	<b>SAN JUAN COUNTY</b> San Juan SSD No. 1	<b>BEAVER COUNTY</b> Milford	<b>PIUTE COUNTY</b> Marysville
<b>BOX ELDER COUNTY</b> Bothwell Howell Plymouth Riverside-No Garland Sunset Park West Corinne	<b>SANPETE COUNTY</b> Centerfield Fairview Heartland Mobile Home Park Manti	<b>BOX ELDER COUNTY</b> Bear River WCD-Harper Brigham City (adjusted fluoride level) Grouse Creek Snowville Waterworks Ukon Water Company	<b>SALT LAKE COUNTY</b> (adjusted fluoride level)
<b>DUCHESNE COUNTY</b> Central Utah Duchesne Duchesne Water System East Duchesne Myton	<b>SEVIER COUNTY</b> Annabella Aurora Austin SSD Glenwood Town Sigurd Shadow Mountain Est. Subdivision	<b>CACHE COUNTY</b> Cornish	<b>SAN JUAN COUNTY</b> Eastland Special Service District Montezuma Trailer Park
<b>DAGGETT COUNTY</b> Dutch John Manila	<b>SUMMIT COUNTY</b> Bridge Hollow Coalville City Echo Mutual Peoa Pipeline Company Summit Co Service #3	<b>CARBON COUNTY</b> Helper (adjusted fluoride level )	<b>SANPETE COUNTY</b> Axtell Community Service Gunnison
<b>GARFIELD COUNTY</b> Boulder Henrieville Tropic	<b>UTAH COUNTY</b> Alpine Cove Elberta Genola Goshen Payson Pleasant Grove Santaquin City Saratoga Spring Spanish Fork Utah State Hospital	<b>DAGGETT COUNTY</b> Daggett County Water and Sewer	<b>SEVIER COUNTY</b> Central Waterworks Company Cove Special Service District Redmond
<b>GRAND COUNTY</b> Day Star Adventist Academy	<b>WASATCH COUNTY</b> Daniel Domestic Interlaken Mutual Jordanelle SSD Midway City Swiss Alpine	<b>DAVIS COUNTY</b> (adjusted fluoride level)	<b>TOOELE COUNTY</b> Dugway-English
<b>IRON COUNTY</b> Buena Vista Irontown Meadows Ranch Mid Valley Estates Monta Vista Old Meadows Paragonah Town Park West Paraowan Spring Creek	<b>WASHINGTON COUNTY</b> Angell Springs SSD Diamond Ranch Academy Diamond Valley Acres Eldorado Hills Gunlock Special Rockville Pipeline	<b>DUCHESNE COUNTY</b> Duchesne Co. Upper Country Johnson Water District Valley Mobile Home Park	<b>UINTAH COUNTY</b> Ballard Water Improvement District Johnson Water - Independent Ouray Park
<b>JUAB COUNTY</b> Mona	<b>WAYNE COUNTY</b> Aspen Health Services Capital Reef National Park Hanksville Loa	<b>GARFIELD COUNTY</b> Cannonville	<b>UTAH COUNTY</b> Eagle Mountain Town Manila Culinary Water Company
<b>KANE COUNTY</b> East Kanab Water Co Glendale Orderville	<b>WEBER COUNTY</b> Lakeview	<b>KANE COUNTY</b> Deep Well and Water Kane County Water Duck Creek Zion Ponderosa Ranch	<b>WASHINGTON COUNTY</b> Winchester Hills Water Company
<b>MILLARD COUNTY</b> Country Estates Delta Lynndyl Sherwood Shiloah Wells		<b>MILLARD COUNTY</b> Deseret Oasis Hinckley	
<b>MORGAN COUNTY</b> Croydon			
<b>PIUTE COUNTY</b> Greenwich Kingston			

**RECOMMENDED DAILY FLUORIDE SUPPLEMENT BASED ON  
COMMUNITY WATER FLUORIDE LEVEL AND AGE OF THE CHILD.**

<b>Community Water Fluoride Level</b>	<b>Age of Child</b>	<b>Recommended Daily Fluoride Dose* (mg)</b>
<0.3 parts per million	6 months-3 years	0.25 mg. Fluoride
	3 years-6 years	0.50 mg. fluoride
	6 years-16 years	1.00 mg. fluoride
0.3-0.6 parts per million	6 months-3 years	0
	3 years-6 years	0.25 mg. fluoride
	6 years-16 years	0.50 mg. fluoride
> 0.6 parts per million	6 months-3 years	0
	3 years-6 years	0
	6 years-16 years	0
<b>A 2.2 mg sodium fluoride (NaF) tablet contains one mg. Fluoride</b>		

**Oral Health Program**  
**Utah Department of Health**  
**(801) 538-9177**  
<http://health.utah.gov/oralhealth>